

## **CLOUD CUCKOO LAND THEATRE**

SPECIALIST NEURODIVERGENT-LED CREATIVE, CAREER DEVELOPMENT & PRODUCING TRAINING, 2023-2024

**Are you looking for this information in another format?**

**Please email [ccl@curiosityproductions.co.uk](mailto:ccl@curiosityproductions.co.uk) and we'll be happy to help.**

Neurodivergent-led professional development training, mentoring and consultancy:

- Online training and mentoring sessions for groups and individuals
- Tailored to your distinctive needs
- Facilitated by our neurodivergent team of specialist arts leaders
- Reduced rates for small organisations & individuals

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## **WHO WE ARE**

Cloud Cuckoo Land Theatre is a neurodivergent-led music theatre company with its head in the clouds and its feet firmly planted in Brummie soil. Our work is focussed on children and young people experiencing systemic marginalisation, and usually develops in collaboration with grassroots local partners. Our plays Ding Dong, Ariel On The Cliff and FLEX have toured to community, healthcare and education settings across Birmingham, and theatres nationally including ArtsDepot, Farnham Maltings, mac Birmingham and The RSC.

Our Artistic Director, Katerina, has taught responsive music theatre performance for students at Rose Bruford College and Royal Birmingham Conservatoire. She's trained as a theatre director with Lev Dodin and Paul Hunter. She also has over a decade's experience teaching interpersonal communication skills to healthcare professionals and is qualified as an Associate Clinical Educator.

## **NEURODIVERGENT ARTS CONSULTANCY**

Expert consultancy and mentoring from neurodivergent arts professionals

### **CONSULTANCY: ND Recruitment MOT**

Your organisation's interview questions and recruitment procedures reviewed by a neurodivergent producer with 20 years' cross-sector experience. We'll offer detailed feedback and suggestions of ways to make your recruitment processes more accessible to ND applicants. Support for your current project plus a toolkit of skills for future recruitment packs, processes and interviews.

- Embed ND-friendly practice
- Learn inclusive language + questioning
- Don't risk excluding the best person for the job
- Avoid common pitfalls
- Diversify your creative workforce

## CONSULTANCY: Bespoke Career-Development Mentoring for ND artists

A chance for ND arts practitioners to take a step back and look at their practice / career from a different perspective, with the support of a non-judgemental neurodivergent arts producer who'll help you get wherever you want to go.

Create a plan to keep working in the arts on your terms: how to stay safe and happy within a fulfilling creative career that celebrates your unique talents.

- Clarify your priorities
- Identify opportunities for growth
- Develop strategies for overcoming barriers
- Find new ways to fund your work
- Advocate for your needs to be met
- Look after your wellbeing
- Find working patterns that are healthy for you

## **NEURODIVERGENT-LED TRAINING SESSIONS**

Our neurodivergent-led creative and sector development training programmes benefit from a 100% neurodivergent facilitation team with varied arts and cross-sector expertise and experience.

We can provide specialist arts trainers with lived experience of Tourette's, Autism, ADHD, Dyslexia and Dyspraxia. Our trainers are drawn from our team of producers, directors and artists.

- Online training sessions for groups of up to 16
- Friendly, inclusive online sessions with ND-friendly teaching
- 3.5 hours inc. 60 mins flexible breaks (more if required by you)
- Facilitated by our neurodiverse team of specialist arts leaders
- Reduced rates for small organisations & individuals
- 20% discount if you book two sessions

Enquire today! [ccl@curiosityproductions.co.uk](mailto:ccl@curiosityproductions.co.uk)

## TRAINING SESSION: ND Inclusion in the Arts

1. Ensure your creative workplace is accessible to neurodivergent artists and audiences
2. Give your neurodiverse team everything they need to flourish in their varied roles
3. Develop an organisation and sector which lift up everybody's distinctive voices
  - What is neurodiversity?
  - Accessible resources
  - Inclusive management
  - Creating inclusive spaces
  - Supporting divergent creativity
  - Inclusive recruitment
  - Access friction
  - Neurodivergent audiences

## TRAINING SESSION: ND-friendly Participation

1. Make sure your creative arts practice is accessible to neurodivergent participants
2. Embed ND-friendly approaches into your regular creative process and workshop delivery
3. Craft a welcoming creative space which celebrates every participant's distinctive creative voice
  - What is neurodiversity?
  - Accessible materials + resources
  - Inclusive sharing + outcomes
  - Creating inclusive spaces
  - Nurturing divergent creativity
  - Inclusive project management
  - Varied needs + access friction
  - Neurodivergent profiles + engagement styles

## TRAINING SESSION: Responsive Arts Facilitation

1. Discover and practice varied responsive participatory arts facilitation techniques
2. Test out different models of engagement, instruction, interaction and session management
3. Understand how participants' engagement is affected by physical, sensory + non-verbal factors
4. Learn how to support a group with varied language, learning, mental health or physical needs
5. Explore how your facilitation habits could be excluding the participants you most want to support
6. Grow your toolkit of arts facilitation skills, activities and games to breathe new life into your creative sessions
  - Active listening + accepting offers
  - Meeting participants where they're at
  - Trust, respect + ownership
  - Non-verbal ways to support engagement
  - Welcoming + celebrating difference

## TRAINING SESSION: Crafting Creative Conversations

1. Learn/practice effective interpersonal communication techniques
2. Develop strong, collaborative relationships with artists, partners and organisations
3. Test out different conversational techniques for speaking to a variety of people
4. Understand how your words and body language come across to other people
5. Find out how to get the right message across — without compromising your unique identity
6. Feel more comfortable talking to people in a range of professional settings — banish networking anxiety!
7. Learn to make creative and workplace conversations more inclusive to neurodivergent artists and colleagues
  - Sharing information
  - Active listening
  - Resolving conflicts
  - Fostering trust
  - Constructive feedback
  - Understanding difference

## TRAINING SESSION: Strategy Surgery

Are you going where you want to go? Is the small stuff getting in the way of the big picture?

1. Invigorate your arts business plan, whether you're a freelancer or a small-scale organisation.
2. Take a step back from the day-to-day hustle, to get some perspective on your creative development journey.
3. Join us in Cloud Cuckoo Land to dream big and find practical creative solutions to make those dreams come true.
  - Identifying your brand
  - Long-term strategy
  - Standing out from the crowd
  - Reshaping goals
  - Writing funding applications
  - Diversifying income streams

## **ACCESS INFORMATION**

We understand that access is unique to each person, so we'll work with you or your organisation to make sure sessions are accessible.

If you have any questions or wish to discuss access, please email [ccl@curiosityproductions.co.uk](mailto:ccl@curiosityproductions.co.uk) or call, text or Whatsapp us on 07376020819.

The following access provisions are available:

- Comfortable, ND-friendly zoom space: tics and stims welcome, cameras/mics on or off
- Plenty of breaks with flexible timing/structure to support you and your group's needs
- Movement breaks and screen breaks can also be included within the session activity if helpful
- Automated captioning / Otter AI / Audio description available on request
- Soft entry and exit slots provided plus a wellbeing check-in and check-out to the main session
- BSL can be arranged in advance (the additional cost is not included in our advertised prices)
- ND-accessible resources / other accessible session resources can be provided to suit your needs

## **IMPORTANT WORDS**

**Neurodivergent / “ND”** = Someone whose brain develops, works, behaves, learns or processes information differently from the majority of people’s brains. This non-medical word covers a wide range experiences and perspectives including Autism, sensory processing disorders, Tourettes, Down’s Syndrome, ADHD, AuDHD, dyslexia, dysgraphia, dyspraxia, dyscalculia, and learning disabilities. Many people also include personality disorders and mental health conditions under the ND umbrella. Lots of neurodivergent folk are disabled, but others are not – the relationship between neurodivergence and disability is really complex.

**Neurotypical / “NT”** = Someone whose brain develops, works, behaves, learns or processes information in a similar way to the majority of people’s brains: this can mean NT people fit more easily into the systems society sets up for us to live and work in (although they may face other barriers, such as disability or racism)

**Neurodiverse** = When a group of people’s brains work in varied ways – this may or may not include NT people

**Neurodiversity** = Often describes a movement of ND folk advocating for their rights, for respect and for their voices to be heard on ND issues (for example, autistic people campaigning for identity-first language)

## **PRICE LIST**

### **NPO / LARGE / COMMERCIAL ORGANISATIONS**

- Zoom Training (3.5 hours, 2 facilitators): £550 for 1 session or £990 for 2
- ND Recruitment MOT: £250 for first role, £150 for each additional role
- Mentoring (individual subsidised by organisation):  
 £100 per 90 minute session or £240 for 3 sessions

### **SMALL / PROJECT-FUNDED ORGANISATIONS**

- Zoom Training (3.5 hours, 2 facilitators): £350 for 1 session or £630 for 2
- ND Recruitment MOT: £120 for first role, £80 for each additional role
- Mentoring (individual subsidised by organisation):  
 £100 per 90 minute session or £240 for 3 sessions

### **INDIVIDUALS**

- Online Training Sessions (3.5 hours, tailored for 1, 2 or 3 people): £150
- ND Recruitment MOT: £100 for first role, £50 for each additional role
- Mentoring (self-supporting individual):  
 £75 per 90min session (or £60 concessions / very low income)  
 £150 for 3 sessions (or £120 concessions / very low income)

## **GET IN TOUCH**

We're really happy to work with you or your organisation to craft the best approach for your unique needs.

Just get in touch to start a conversation!

- **Email:** [ccl@curiosityproductions.co.uk](mailto:ccl@curiosityproductions.co.uk)
- **Call, text or WhatsApp voice or text note:** 07376020819
- **Whatsapp voice note:** 07882003966
- **More info:** [www.cloudcuckoolandtheatre.com/workshops](http://www.cloudcuckoolandtheatre.com/workshops)

### **Participant Feedback:**

“Amazing! I've learnt a lot in a very safe space”

“I've had such a great time. Really enjoyable, welcoming and fun”

“A very wonderful and positive experience. I've learnt so much in a short time”