

CLOUD CUCKOO LAND THEATRE

Specialist creative, career-development and producing training **2023-2024**

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Neurodiverse-led professional development training, mentoring and consultancy

- Online training and mentoring sessions for groups and individuals
- Tailored to your distinctive needs
- Facilitated by our neurodiverse team of specialist arts leaders
- Reduced rates for small organisations & individuals

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Participant Feedback

Cuckoo Collective 2020 Training Programme:

“Amazing! I’ve learnt a lot in a very safe space”

“I’ve had such a great time. Really enjoyable, welcoming and fun”

“A wonderful, positive experience. I’ve learnt so much in a short time”

WHO WE ARE

Cloud Cuckoo Land Theatre is a neurodivergent-led music theatre company with its head in the clouds and its feet firmly planted in Brummie soil. Our work is focussed on children and young people experiencing systemic marginalisation, and usually develops in collaboration with grassroots local partners. Our plays Ding Dong, Ariel On The Cliff and FLEX have toured to community, healthcare and education settings across Birmingham, and theatres nationally including ArtsDepot, Farnham Maltings, mac Birmingham and The RSC. Our Artistic Director, Katerina, has taught responsive music theatre performance for students at Rose Bruford College and Royal Birmingham Conservatoire. She's trained as a director with Lev Dodin and Paul Hunter. She has over a decade's experience teaching interpersonal communication skills to healthcare professionals and is qualified as an Associate Clinical Educator.

1. NEURODIVERGENT ARTS CONSULTANCY

Expert consultancy and mentoring from neurodivergent arts professionals.

A. ND Recruitment MOT

Your organisation's interview questions and recruitment procedures reviewed by a neurodivergent producer with 20 years' cross-sector experience. We'll offer detailed feedback and suggestions of ways to make your recruitment processes more accessible to ND applicants. Support for your current project plus a toolkit of skills for future recruitment packs, processes and interviews.

Aims:

- Embed ND-friendly practice
- Learn inclusive language + questioning
- Avoid common recruitment pitfalls
- Diversify your creative workforce
- Don't risk excluding the best person for the job

B. Bespoke Career-Development Mentoring for ND artists

A chance for neurodivergent arts practitioners to take a step back and look at their practice / career from a different perspective, with the support of a non- judgemental neurodivergent arts producer who'll help you get wherever you want to go.

Aims:

- Clarify your priorities
- Develop strategies for overcoming barriers
- Find working patterns that are healthy for you
- Find new ways to fund your work
- Advocate for your needs to be met
- Look after your wellbeing
- Identify opportunities for growth
- Create a plan to keep working in the arts on your terms: how to stay safe and happy within a fulfilling creative career that celebrates your unique talents

2. NEURO-DIVERSE LED TRAINING

Our neurodiverse-led creative and sector development training programmes benefit from a facilitation team with between 50% and 100% neurodivergent representation, depending on the topic.

We can provide arts specialist trainers with lived experience of Tourette's, Autism, ADHD, Dyslexia and Dyspraxia. Our trainers are drawn from our core team of producers, directors and artists.

Summary:

- Online training sessions for groups of up to 16
- Friendly, inclusive online sessions with ND-friendly teaching
- 3.5 hour sessions, including at least 60 minutes of flexible breaks (with more if required by your group)
- Facilitated by our neurodiverse team of specialist arts leaders
- Reduced rates for small/independent organisations & individuals
- 20% discount if you book two sessions at once

A. **ND Inclusion in the Arts**

- Ensure your creative workplace is accessible to neurodivergent artists and audiences
- Give your neurodiverse team everything they need to flourish in their varied roles
- Develop an organisation and sector which lift up everybody's distinctive voices

Areas we cover:

- What is neurodiversity?
- Supporting divergent creativity
- Access friction
- Neurodivergent audiences
- Creating inclusive spaces
- Accessible resources
- Inclusive recruitment
- Inclusive management

B. ND-friendly Participation

- Make sure your participatory creative arts practice is accessible to neurodivergent participants
- Embed neurodivergent-friendly approaches into your regular creative process and workshop delivery
- Craft a welcoming creative space which celebrates every participant's distinctive creative voice

Areas we cover:

- What is neurodiversity?
- Neurodivergent profiles + engagement styles
- Varied needs + access friction
- Nurturing divergent creativity
- Creating inclusive spaces
- Accessible materials + resources
- Inclusive project management
- Inclusive sharing + outcomes

C. Responsive Arts Facilitation

- Discover and practice varied responsive participatory arts facilitation techniques
- Test out different models of engagement, instruction, interaction and session management
- Understand how participants' engagement is affected by physical, sensory + non-verbal factors
- Learn how to support a group with varied language, learning, mental health or physical needs
- Explore how your facilitation habits could be excluding the participants you most want to support
- Grow your toolkit of arts facilitation skills, activities and games to breathe new life into your creative sessions

Areas we cover:

- Trust, respect + ownership
- Welcoming + celebrating difference
- Meeting participants where they're at
- Active listening + accepting offers
- Non-verbal ways to support engagement

D. Crafting Creative Conversations

- Learn & practice effective interpersonal communication techniques
- Develop strong, collaborative relationships with artists, partners and organisations
- Practice varied conversation techniques depending on who you're talking to
- Understand how your words / body language come across to others
- Find out how to get the right message across — without compromising your unique identity
- Feel more comfortable talking to people in different professional settings — banish networking anxiety!
- Learn to make creative and workplace conversations more inclusive to neurodivergent artists and colleagues

Areas we cover:

- Sharing information
- Active listening
- Fostering trust
- Constructive feedback
- Understanding difference
- Resolving conflicts

E. Strategy Surgery

Are you going where you want to go? Is the small stuff getting in the way of the big picture? Invigorate your arts business plan, whether you're a freelancer or a small-scale organisation. Take a step back from the day-to-day hustle, to get perspective on your creative development journey.

Join us in Cloud Cuckoo Land to dream big and find practical, creative solutions to make those dreams come true!

Areas we cover:

- Identifying your brand
- Long-term strategy
- Reshaping goals
- Writing funding applications
- Diversifying income streams
- Standing out from the crowd

ACCESS

We understand that access is unique to each person, so we'll work with you or your organisation to make sure sessions are accessible.

If you have any questions or wish to discuss access, please email ccl@curiosityproductions.co.uk or call, text or Whatsapp us on 07376020819.

The following access provisions are available:

- Comfortable, ND-friendly zoom space: tics and stims welcome, cameras/mics on or off
- Plenty of breaks with flexible timing/structure to support you or your group's needs
- Movement breaks and screen breaks can also be embedded into the session activity
- Automated captioning / Otter AI / Audio description available on request
- Soft entry / exit slots plus wellbeing check-in and check-out to the main session
- BSL can be arranged in advance (additional cost is not included in advertised prices)
- ND-accessible / other accessible session resources can be provided to suit your needs

KEY WORDS

Neurodivergent / “ND”: Someone whose brain develops, works, behaves, learns or processes information differently from the majority of people’s brains. This non-medical word covers a very wide range experiences and perspectives including Autism, sensory processing disorders, Tourettes, Down’s Syndrome, ADHD, AuDHD, dyslexia, dysgraphia, dyspraxia, dyscalculia, and learning disabilities. Many people also include personality disorders and mental health conditions under the ND umbrella.

Lots of neurodivergent folk are disabled, but others are not — the relationship between neurodivergence and disability is really complex.

Neurotypical / “NT”: Someone whose brain develops, works, behaves, learns or processes information in a similar way to the majority of people’s brains: this can mean NT people fit more easily into the systems society sets up for us to live and work in (although they may face other barriers, such as disability or racism)

Neurodiverse: A group of people whose brains work in varied ways — this may or may not include NT people

Neurodiversity: Often describes a movement of ND folk advocating for their rights, for respect and for their voices to be heard on ND issues (for example, autistic people campaigning for identity-first language).

PRICE LIST

Rates for NPOs / Large / Commercial Organisations

- Online Training Sessions (3.5hrs with 2 facilitators):
 - £550 each, £990 for 2 sessions
- Neurodivergent Recruitment MOT (Assessment & Report):
 - £250 for first role, £150 for each additional role
- Career-development Mentoring for Neurodivergent Artists:
 - Individual funded by organisation:

£100 per 90 minute session or £240 for 3 x 90 minute sessions

Rates for Project-Funded / Small / Independent Organisations

- Online Training Sessions (3.5hrs with 2 facilitators):
 - £350 each, £630 for 2 sessions
- Neurodivergent Recruitment MOT (Assessment & Report):
 - £120 for first role, £80 for each additional role
- Career-development Mentoring for Neurodivergent Artists:
 - Individual funded by organisation:

£80 per 90 minute session or £175 for 3 x 90 minute sessions

Rates for Individuals

- Online Training Sessions (3 hours: up to 3 people with 1 facilitator):
 - £150 per session
- Neurodivergent Recruitment MOT (Assessment & Report):
 - £100 for first role, £50 for each additional role
- Career-development Mentoring for Neurodivergent Artists:
 - Individual funded by organisation:
£75 per 90 minute session (£60 concessions)
£150 for 3 x 90 minute sessions (£120 concessions)

Get in touch

We're really happy to work with you or your organisation to craft the best approach for your unique needs. Get in touch to start a conversation!

Email: ccl@curiosityproductions.co.uk

Call, text or WhatsApp voice/text: 07376020819

Whatsapp voice note: 07882003966

More info: www.cloudcuckoolandtheatre.com/workshops